

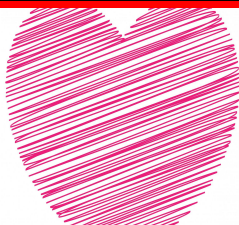


One town
One school
One family

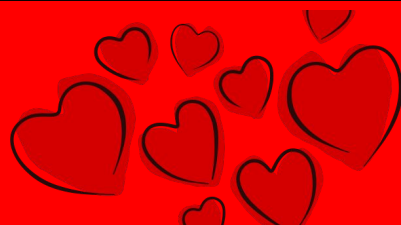
Mustang
STRONG

A note from the principal

Thank goodness it is February! January came and went with many challenges. In January we experienced the death of our beloved High School English teacher and Guidance/Career Counselor, Ms. Angus, and a lot of student and staff illness' that prompted the remote learning at the end of the month because of staffing issues. I am trusting that February will bring time to enjoy our families and love on each other. Our staff and students have shown true resiliency in the midst of the sadness and chaos of January! Please know that we are working very hard to keep your child(ren) safe and in school...that said, we do ask for your assistance in keeping your students home if they are experiencing multiple symptoms of COVID-19. If you want to have your child tested, please contact the office to make arrangements for our resident COVID tester to do so. Thank you all for the support you have shown to the staff thus far. We are truly blessed to have the opportunity to serve you and your children on a daily basis. Let us know if you have any needs...we are only a phone call away! Have a wonderful month! ~ Dr. Hunt



ATTENDANCE



Facts

- Good attendance, whether class is held in person or remotely, can help children do well in school, and eventually in the workplace and in college.
- Absences can be a sign that a teen is losing interest, struggling with school work, dealing with a bully or facing some other difficulty.
- By 6th grade, absenteeism is one of three signs that a teen may drop out of high school.
- Attendance is an important life skill that will help your teen keep a job and graduate from college.



**Attendance
Works**

Advancing Student Success By Reducing Chronic Absence

REMINDERS

Did you know?

School begins at 9:30 on Monday's?
Students are tardy at 9:25.

School begins at 8:30 on Tue-Fri's?
Students are tardy at 8:25.

No school on **Friday, Feb. 18**
for Professional Day/Snow
Day or **Monday, Feb. 21** for the
observance of Presidents' Day.

VOICE YOUR OPINION

"The Washington State Board of Health is inviting parents and caregivers of school-age children to complete a survey to provide input that will be shared with a Technical Advisory Group the Board has convened to assess COVID-19 vaccine for inclusion in chapter 246-105 WAC. The TAG will utilize the 9-criteria framework established by the board to assess and evaluate the COVID-19 vaccine for consideration in chapter 246-105 WAC. The board is seeking input from parents and caregivers as it relates to Criteria Nine: "The burden of compliance for the vaccine containing this antigen is reasonable for the parent/caregiver."

Survey Link:

<https://forms.office.com/Pages/ResponsePage.aspx?id=F-LQEU4mCkCLoFfcwSfXLeTdB7APrJAvkZ64U-RFNVUQTIGRFVMOFM1MEVNVU1KTk9DN085REhZny4u>



- ★ If your child is sick, stay home!
- ★ A fever is 100.4
- ★ Your child should not return until fever free for 24 hours without medication!
- ★ If your child experiences symptoms of COVID-19, you can ask for an at-home family testing kit to be sent home for no charge!
- ★ If your child is exposed to COVID-19 please inform the office for guidance.
- ★ If your child, or anyone in your household tests positive for COVID-19, please inform the office as soon as possible for guidance.

Varsity Basketball:

Girls play at 6pm.

Boys play at 7:30

Saturday games begin at 4:30pm.

Masks required to be worn by all fans.

Feb. 1 - @ Curlew - 6pm

Feb. 2 - @Columbia - 6pm

Feb. 4 - @ home - 6pm

Feb. 5 - @home - 4:30

senior night!

Mini Cheer Camp (K-4)

Every Wednesday from 3-4:30 for the month of January.

They will perform during the 1st home game in February (currently scheduled for 2/4).

After School Tutoring & Enrichment

K- 8

Tuesday's, Wednesday's, Thursday's
3:00 - 4:30

(no afternoon transportation provided).

High School Study Hall

Monday - Thursday
3:00 - 4:00

Northport has a Community in Schools Site Coordinator!

Do you need assistance with anything? Anything at all?
Mrs. Marie Taylor is here to answer the call!

She is our student liaison and is able to help families in multiple ways. Please reach out to her at the school (509-732-4215, ext. 157), on her cell (509-800-7022), or via email: Mariet@cisruraleasternwa.org.

How can you help your child develop the study skills they need to achieve academic success—and see benefits beyond the classroom as well? Here are seven tips to get started!

1. Create a designated study space for your students.

Does your child have their own desk or workspace in an area of your home that is conducive to focused studying? Ask yourself if it's well-lit and away from other distractions. Keep helpful study supplies on hand in this area, like colorful post-its, a variety of pens and pencils, highlighters, and scratch paper. Encourage your child to take ownership over the area by giving them freedom to decorate, and teach them to neaten up and organize their desk each night so they're ready to get to work when it comes time for the next study session.

2. Keep a planner.

Time management is an incredibly important aspect of effective study skills. So, ensure your student knows how to keep a [homework planner](#). Have them write down important due dates for homework and projects, especially if their teacher makes these dates known far in advance. Then, the key is to stay on top of these assignments. Prepare for important tests by helping your child break down the content and make a schedule for reviewing the material in the days leading up to the test. Break down big projects similarly by determining smaller milestones and working with your child to make a schedule for when they will have these components complete. This can offset cramming and procrastination (and build confidence in the process) by making their workload feel more manageable.

3. Take effective notes.

Have you heard of [Cornell Notes](#)? Utilizing this classic note-taking system can help your child process information taught in class and truly retain what they've learned. There are even [studies showing](#) that writing notes out by hand results in better retention than not taking any notes or using a laptop. Teaching your child to use active reading strategies—like taking notes or highlighting key themes and passages—is also very helpful for retention.

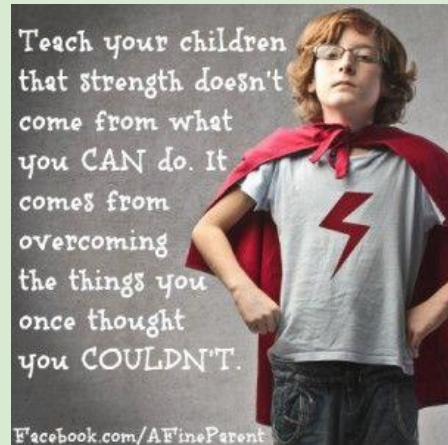
4. Practice for tests.

Simply reviewing content before a test isn't necessarily the best method to ensure your child is prepared for an upcoming test. Instead, encourage them to try more interactive approaches, like completing practice tests or using flash cards. Asking your child review questions and having them provide short essay-style explanations aloud can also be a great strategy to make sure they truly understand the material.

5. Avoid cramming.

Studying a little bit of a subject every day is much better for long-term retention than studying for a longer period of time a single day. Help your student structure a study schedule that will allow them to space out their practice on different subjects—as little as 10 minutes of practice a day can help! It's also important to encourage your student to break up their studying with smart breaks. Taking a 15-minute break once every hour can work wonders on keeping them focused and productive.

Help your student develop a growth mindset!



Must have
Safe
Trustworthy
Respectful
Responsible
Resilient
ONE
Nurturing
Growing

6. Teach your child to ask for help.

Perhaps your student is struggling with understanding a specific lesson in a particular subject or doesn't quite understand the night's homework assignment. When this is the case (and it happens to everyone at some point or another) asking for help is key. Teach your student how to bring up challenges early with a teacher and ask for help—and don't be afraid to bring up concerns with their teacher yourself either. Teaching your child how to build effective working relationships with other students and asking their peers for help is another important lesson in asking for, receiving, and offering support.

7. Avoid distraction.

Teach your student how to put their computer away and turn off all other devices that may serve as a form of distraction while they're studying. Multi-tasking also takes away from learning, so encourage your child to focus on a single subject for a sustained period of time before moving onto another subject. And above all, ensure that your child has healthy sleeping and eating habits in order to maximize their focus and make the most of time spent studying.

Other Information.....

WASFA Application for State Financial Aid Information for Students & Families

Undocumented Students and Others Can Get State Financial Aid With the WASFA

Application Now in English and Spanish

The state of Washington offers financial aid for people who aren't eligible for federal aid, including undocumented students. Financial aid is money that can help you pay for more education after high school. Complete the [Washington Application for State Financial Aid \(WASFA\)](#) to see if you are eligible.

Exciting changes have been happening for the WASFA and its users:

- **New website:** The WASFA has moved! Learn more and apply online at wsac.wa.gov/WASFA.
- **Spanish on application:** Instructions and form fields on the WASFA application are now written in both English and Spanish.
- **Easier residency:** Recent changes in [state residency](#) laws have made it easier to get resident tuition and state financial aid, making college or job training cost less. Many people who didn't qualify before now do.

The WASFA is an application for state financial aid only. The WASFA is for people who are undocumented or who do not qualify for federal aid because of their immigration status, and can be used in [limited circumstances](#) by others who cannot or choose not to file a federal FAFSA. You must meet state residency and program requirements to qualify.

Not sure whether you should use the FAFSA or the WASFA? Complete the [WASFA questionnaire](#).

There are affordable college and training options for everyone, including [students who are immigrants, are undocumented, or have DACA](#). The first, best step is to [apply for financial aid](#).

COLLEGE/ RUNNING START OPEN HOUSE & INFO NIGHT

SAVE THE DATE!

If you have questions about college or Running Start please join us for this information event.

We are here to assist you on your educational journey!

Representatives for Running Start, Adult Basic Education, GED, PACE, Welding, and Corporate & Continuing Education are scheduled to be available for questions and information.

Come and tour our facility and meet faculty & staff!



March 10th

6PM-7PM

&

April 12th

6PM-7PM



SCC

**Colville
Center**

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